

# Introduction to Buddhism Course

July 2018 (17th Intake)

- How much do you know about Buddhism?
- Are you a knowledgeable Buddhist?
- What is the essence of Buddhism?
- Do you know how to practise Buddhism?

## Course Details:

Course date: **25th July to 26th Sept 2018** (10 Weeks)

Frequency: Every Wednesday 7:30pm to 9:30pm

Venue: Mangala Vihara Buddhist Temple  
30 Jalan Eunos, S. 419495 (opposite Eunos MRT)

Course fees: By donation

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Instructors: By experienced Dhamma Teachers

### **Topics are covered in plain and simple language and include:**

*The Freedom of Inquiry in Buddhism, the Life of the Buddha, the 3 Characteristics of Existence, the 4 Noble Truths and the Noble 8 Fold Path, Rebirth and Karma, the Buddhist Texts, How to Practise Buddhism, the Different Buddhist Traditions, the Meaning of Common Buddhist Rituals and Chanting, Buddhist Meditation.*